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**Your Higher Education**

Are you:

* returning to education at HE level (HNC or degree)?
* moving up from FE to HE course?

If so, the **Kickstart Your Higher Education** programme offers

* an idea of what studying at this level is like
* an introduction to some of the skills needed to succeed
* resources and support that will help you become a more confident student

**Kickstart Your Higher Education** will

* offer in-person workshops week beg **Mon 12 June 2023**
* also offer online resources to work through on your own
* be free to students starting courses in 2023/24

**Kickstart will focus on:**

* Academic writing
* Making effective notes
* Using IT
* Referencing
* Coping with workload
* Ways to revise
* Building confidence

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Some feedback from those who attended **Kickstart** previously:

“Gives help and support for anyone who is going back to education…”

“Would highly recommend it.”

“Very helpful and motivational”

“A nudge to review my numeracy skills!”

“I know I feel a lot more confident and prepared.”

For more information about **Kickstart** contact:

The Study Bar, UHI Moray (01343 576317)

Email: [TheStudyBar.Moray@uhi.ac.uk](mailto:TheStudyBar.Moray@uhi.ac.uk)

To enrol on this course, please complete and return by email the application form below by **28 May 2023**.

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**Kickstart Your Higher Education Application Form**

**Please fill in and email to TheStudyBar.Moray@uhi.ac.uk**

**Name:** Click or tap here to enter text.

**Date of Birth:** Click or tap here to enter text.

**Address:** Click or tap here to enter text.

**Phone Number:** Click or tap here to enter text.

**Email:** Click or tap here to enter text.

**Course applied for:** Click or tap here to enter text.

Kickstart is supported by The Inclusive Learning Team, The Study Bar, UHI Moray