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# Senior Phase Prospectus 2026/2027

# Study at college whilst at school

**“I had never done anything of that level before and discovering that I was able to meet the deadlines and expectations of the client, with the help and support from my lecturer, was a fantastic way to grow my confidence and allowed me to meet new people in a comfortable and welcoming environment while furthering my interest and knowledge of the Digital Media subject area.**

Sophie Thornton, Foundation  
Apprenticeship in Creative and Digital  
Media Graduate

Delivered at either our Moray Street campus, Linkwood Technology Centre campus or online, our senior phase programme gives you a chance to experience student life and discover exciting new subjects before you leave school.

**You can study one day per week on campus while continuing with your normal school classes the rest of the time.**

We work closely with secondary schools to deliver a range of qualifications giving you greater choice in a variety of subject areas. Our aim is to give you access to a work-relevant educational experience so you can make informed and ambitious choices about future pathways into education or employment.



# How it works

Senior pupils can pick a college subject alongside their school studies. These courses count as one of your school column choices in S4, S5, and S6 and can be added into your existing school timetable.

- + Choose to study a Skills for Work, National Progression Award, National 5 or Higher qualification in a wide range of subjects, or get a head start in higher education by studying HN or degree modules.
- + A Foundation Apprenticeship at SCQF Level 6 will give you skills and knowledge through work-based learning, as well as traditional study.

The senior phase courses normally run on a Wednesday from 9.30am to 2.15pm and aim to get you back to school for your last period. Some of our Foundation Apprenticeship and SCQF Level 5 and 7 courses day and times may vary.

**Senior Phase  
Course**



**College/University**



**Employment**

**Foundation  
Apprenticeship**

**Modern  
Apprenticeship**

# Foundation Apprenticeships

Foundation Apprenticeships (FA) aim to give young people experience of the world of work and gain industry knowledge while still at school.

There are various subjects to choose from and all are designed in partnership with employers. They are mainly delivered over 1 year depending on the specific framework.

# Our Courses

## British Sign Language

### **British Sign Language (SCQF**

#### **Level 4)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 1pm

This course will give you good all-round knowledge, skills and understanding of the history and use of British Sign Language (BSL).

## Business, Administation and Accounting

### **Foundation Apprenticeship:**

#### **Business Skills (SCQF Level 6)**

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 4pm

This course will help you discover what a career in business would be like, by learning about a variety of business activates including marketing, procurement, supply chain management and enterprise.

### **PDA Business and Finance**

#### **(SCQF Level 7)**

Available to: S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 1pm

This course will enable you to build the skills and knowledge needed within the Business and Finance industry.



# Computing and Digital Media

## **NPA in Digital Media (SCQF Level 5)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course allows you to focus on the knowledge and skills required for capturing and editing sound, image, and video.

## **NPA in ESports(SCQF Level 5)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course allows you to focus on the knowledge and skills required for capturing and editing sound, image, and video.



**I really enjoyed going to college on a Wednesday while I was still at school as it was a more suited way for me to learn.**

**The course was great because I found out how supportive college is and how it's a lot less restricted than a regular school environment**

Caleb Poucher, NPA Digital Media





# Construction

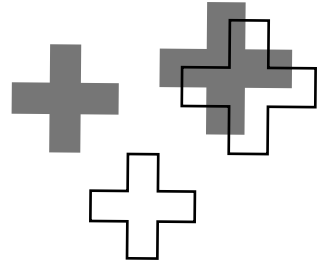
## **Foundation Apprenticeship: Construction Skills (SCQF Level 4)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will help you develop knowledge and understanding of a range of construction disciplines as well as technical and transferable skills to support your employment prospects.



# Counselling

## **Mental Health Essentials (SCQF Level 5)**

Available to: S5

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course allows you to gain an understanding of different aspects of mental health and develop your knowledge of the connectivity of the body and mind.





# Creative Industries

## **NPA Dance (SCQF Level 5)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course allows you to explore choreography and gain an appreciation of dance skills and techniques.

## **NPA Acting and Performance (SCQF Level 6)**

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will give you an engaging and practical introduction to the world of theatre and performance.

## **NPA Creative and Digital Media (SCQF Level 6)**

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will allow you to understand the role of marketing, advertising, or information gathering within a creative context.

## **Foundation Apprenticeship: Creative and Digital Media (SCQF Level 6)**

Available to: S5

Duration: 2 Years

Day/Time: Wednesday 9.30am - 2.15pm

This course will allow you to gain a real understanding of how the creative industries work while working with practicing industry professionals and artists.



# Education and Childcare

## **Skills for Work: Early Education and Childcare (SCQF Level 4 and 5)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course introduces you to the knowledge and experience of the skills required to work in the Childcare industry.

## **Foundation Apprenticeship: Social Services - Children and Young People (SCQF Level 6)**

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 4pm plus additional day for placement

This course will allow you to discover what a career working with young people as you gain an understanding of the values and principles that underpin childcare.



# Engineering

## **Foundation Apprenticeship:**

### **Automotive (SCQF Level 4)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course is designed to provide you with the basic practical, theory and key skills in motor vehicle.

### **Practical Engineering (SCQF Level 5)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course is designed to provide an introduction to basic Electrical, Electronic and Mechanical engineering disciplines to those who have no prior knowledge of the subject

### **PDA Engineering (SCQF Level 7)**

Available to: S6

Duration: 1 Year

Day/Time: Wednesday between 9.30am - 4pm

This course has been designed to develop the practical skills needed to work within the Engineering industry.

# English for Speakers of Other Languages(ESOL)

## **National 5 ESOL**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 1.45pm - 4.30pm

This course allows you to build and develop your reading, writing, listening and speaking skills to a high level.

## **Higher ESOL**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course develops your understanding and analysis of complex texts on a wide variety of topics and expanding your vocabulary range to an advanced level.

# Hairdressing and Beauty Therapy

## **Beauty Therapy (SCQF Level 4)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will enable you to develop industry related practical and vocational skills as you learn how to behave and work safely and professionally in the salon.

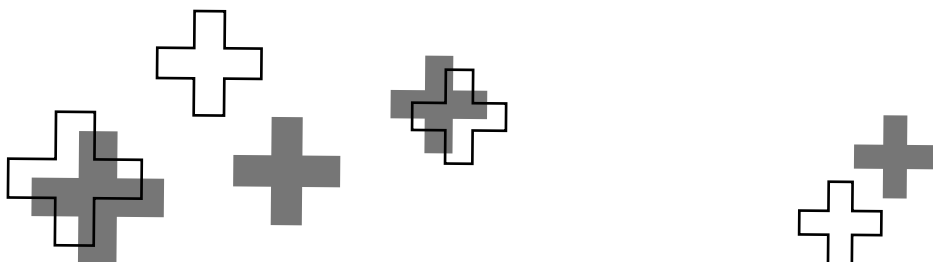
## **Introduction to Hairdressing Industry (SCQF Level 4)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course provides an introduction to hairdressing, focusing on employability skills and approaches that will help to prepare you for the workplace.







# Health and Social Care

## **NPA Social Services and Healthcare (SCQF Level 6)**

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course develops knowledge and understanding of the health and social care sector.

## **Health and Social Care (SCQF Level 7)**

Available to: S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course provides an opportunity for you to engage in a range of activities designed to develop broad based skills in health and social care.

## **Foundation Apprenticeship: Social Services and Healthcare (SCQF Level 6)**

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 4pm

This course will allow you to discover what a career in care is all about as you gain an understanding of the values and principles that underpin Social Services and Healthcare.

# Hospitality

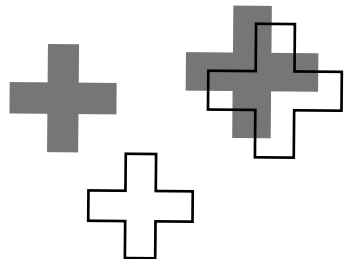
## **NPA Bakery (SCQF Level 4)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course has been designed to equip you with the skills, experience and knowledge required for employment within the bakery industry.



# Integrative Healthcare

## Sports Therapy Fundamentals (SCQF Level 5)

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course will allow you to learn about the human body, what it is capable of, how to prevent and recover from injuries, and the professional way. Sports Therapy is delivered real-time and simulated environments.

## Introduction to Soft Tissue Therapy (SCQF Level 6)

Available to: S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course will provide you with an introduction to the professional world of sports massage and sport therapy.

“**The lessons are really interesting. We do activities in groups and pairs rather than just sitting and trying to figure things out on our own. I find it more useful than just listening to somebody talking.**

Dzenija Andersone, Higher English for Speakers of Other Languages





# Science and the Environment

## National 5 Biology

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course will develop your skills, knowledge and understanding of biology relevant to life sciences within our society.

## National 5 Chemistry

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course will allow you to develop an understanding of basic chemistry through experimental and investigative approaches.

## National 5 Environmental Science

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course will allow you to develop an understanding of the impact environmental science makes on our lives, the lives of others, on the environment, and on society.

## Higher Human Biology

Available to: S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course enables you to develop and apply knowledge and understanding of human biology.

## Higher Biology

Available to: S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course provides a comprehensive understanding of biology, covering topics from DNA and the genome to metabolism, survival, and biodiversity.

## Higher Chemistry

Available to: S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course will allow you to develop knowledge and understanding of chemical concepts.

## Higher Environmental Science

Available to: S5, S6

Duration: 1 Year

Day/Time: Online with evening drop-in sessions

This course will allow to examine the complex interactions between humans and the environment, covering ecosystems, Earth's resources, and sustainability.

# Social Sciences

## National 5 Psychology

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will allow you to develop your knowledge and understanding of human behaviour.

## Higher Psychology

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will allow you to explore how people behave, why humans need sleep and explanations for the memory system.

## NPA Criminology (SCQF Level 6)

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will allow you to examine different aspects of Criminology including Nature and Extent of Crime, Crime Control Strategies, Forensic Criminology.

## Higher Sociology

Available to: S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will help you gain an understanding of human social behaviour. You will gain the ability to analyse and evaluate sociological arguments, evidence and research methods in a critical way.

## PDA Sociology (SCQF Level 7)

Available to: S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will help you consider society, from its origin to its development, and how it's explained by competing perspectives.

## PDA Politics (SCQF Level 7)

Available to: S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will help you develop your critical thinking and explore key political concepts to help you formulate an increased understanding of modern political systems.

## PDA Psychology (SCQF Level 7)

Available to: S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course explores the historical development of psychology since the 19th Century, the four major schools of thought that have influenced development, and the psychologists who have shaped the discipline.



# Sport and Fitness

## **Skills for Work: Uniform Services (SCQF Level 4)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course will give you good all-round knowledge, skills and understanding of the main aspects of the uniformed services industry.

## **Developing Leadership in Recreational Sports Activities (SCQF Level 5)**

Available to: S4, S5, S6

Duration: 1 Year

Day/Time: Wednesday 9.30am - 2.15pm

This course is designed to provide you with a basic knowledge and understanding of the practical skills required to lead recreational physical activities, knowledge of the body, nutrition, and lifestyle.

## **Health, Physical Activity and Wellbeing (SCQF Level 5)**

Available to: S4, S5, S6

Duration: 1 Year

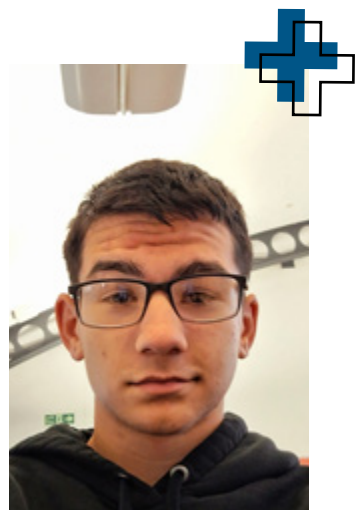
Day/Time: Wednesday 9.30am - 2.15pm

This course is designed to provide a strong foundation in health, physical activity and wellbeing, combining practical exercise skills with key knowledge of the body, nutrition, and lifestyle.



**I was the only one from my school who did the course, and I enjoyed it more because I got to interact with new people. Stephen Gertsen, who is the lecturer of the course was extremely supportive of all of us and was always helpful and wanted to see us succeed.**

**Ryan Morrison**, Developing Leadership in Recreational Sports Activities



# Advanced Studies

You can choose from a range of Degree Modules available across the UHI partnership that you can study online in your own time, anywhere.

The full list of modules is available at

[www.moray.uhi.ac.uk/for-schools/advanced-studies](http://www.moray.uhi.ac.uk/for-schools/advanced-studies)

## Contact

If you are a pupil or parent and would like more information about the Senior Phase Programme contact:

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**Schools.Moray@uhi.ac.uk**

If you are a pupil, parent or employer and would like more information about Foundation Apprenticeships contact:

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**FA Coordinator**

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